



Role of Volunteers

Volunteers are the backbone of most successful events, especially running events. The Malnad Ultra is a 100% volunteer-driven event. We will need assistance from a small, but committed team of volunteers.

The information below will help you decide if our event matches your volunteering expectations. Our volunteer positions get filled up 5-6 months prior to the event. We therefore request you to apply early if you wish to join our team.

Profile

Volunteers will manage one or more areas or functions listed below at The Malnad Ultra. Our ideal volunteer is mature, energetic, and has a positive outlook to life. They must be prepared to take complete ownership and responsibility for their function and the tasks allocated. While we believe in being non-hierarchical, there will necessarily be a reporting chain to ensure that tasks get done efficiently and with quality. Our volunteers must be able to work with minimal guidance, but yet have the ability to take guidance from their Managers. Our event is conducted in a zero-network area and this requires volunteers to make independent decisions while maintaining the spirit and value-system of our event.

Our volunteers will view volunteering at this event as fun in a fulfilling way. A sense of humour will help cope with the stress and overall team chemistry. It certainly helps if our volunteers are endurance athletes themselves. This will allow them to understand the mindset of runners at the event.

All volunteers must be over 18 years of age on or before November 1st, 2022. Volunteers will have to sign a General Waiver agreement with us.

While we have spent over two months in planning and documenting this event, we expect that our volunteers will have to work tirelessly for 3-4 days at a stretch during this event. Volunteers must endure physically and mentally. There is every likelihood that they will be sleep deprived!

Volunteer Selection

We give priority to volunteers from our previous events. This is because they are already *trained* and know what to expect. Once we have finalised this list, we fill up open positions from new applicants. We choose our volunteers from diverse backgrounds, but do our best to select mature and friendly individuals with a sense of humour.

Roles

There are a few select opportunities available for volunteers at The Malnad Ultra as summarised in the table below. We will expect our volunteers to be available for 1-2 meetings in person or via phone/video call prior to the event for purposes of orientation. Volunteers must make themselves available mandatorily for the dates mentioned in the table against their role.

Role	Description & Requirements	Schedule/Availability
Run Managers (3-4 Positions)	<ul style="list-style-type: none"> • Assist the Race Director to manage specific sections of the course • Set up the course, marking, signage, aid stations etc • Assist runners with Registration, Orientation, Q & A • Experience as a Runner or in conduct of runs is mandatory; Demonstrated ability to handle stress, work calmly and take decisions 	November 22-27, 2022
Run Sweepers (1-2 Positions)	<ul style="list-style-type: none"> • Help sweep runners in various categories. While most of this function is possible in vehicle, we will require our run sweepers to have the ability to sweep on foot for distances 5-10 kms, if necessary. Therefore, they need to be runners themselves and relatively in training 	November 25-27, 2022
Helpdesk Coordinators (3 Positions)	<ul style="list-style-type: none"> • Set up and manage Helpdesk at Event • Manage Bib Distribution, Lost and Found • Make Announcements and manage messages • Help coordinate activities between various teams during setup and during the run • Ability to speak in English, Hindi and Kannada desirable; Ability to identify issues proactively and address them 	November 23-27, 2022
Baggage Drop Coordinators (2-3 Positions)	<ul style="list-style-type: none"> • Manage drop bags on event days • Assist with Bib Distribution and other set up prior to the event 	November 25-27, 2022
Photographers (8 Positions)	<ul style="list-style-type: none"> • Be part of a photography team that covers the event • Take photographs, videos and short interviews with participants; Cover fixed locations as well as cover runners on a 2/4-wheeler • Passionate about outdoor photography; ability to work long hours in the field in trying circumstances • Volunteer must possess their own equipment and be willing to use in our event • Index and Help process photos for uploading to Web • All photos/videos will be copyright of Malnad Ultra but photographers can use the photos taken by them in their portfolio for their own use 	November 25-27, 2022

Role	Description & Requirements	Schedule/Availability
Doctors and Medical Professionals (2-4 GP's, 3-4 Orthos/ Physios/Sports Med Professionals)	<ul style="list-style-type: none"> • Trained and certified Medical Professionals like Physicians, Orthopedists, Physiotherapists, Sports Medicine Professionals and Nurses • Help support the runners at various locations on the course with minor injuries, first-aid and emergencies • Work with ambulance teams or help runners at Finish Line • Assist the organisers to put together a medical plan and assist in sourcing medical supplies for the event 	November 25-27, 2022
General Assistance (2 Positions)	<ul style="list-style-type: none"> • Assist organisers in coordinating activities and completing tasks • Assist in communication between teams and scheduling • Assist other volunteers and provide cover on a need-basis • Comfortable with English, Hindi and Kannada; Cheerful disposition and demonstrated maturity; comfortable taking decisions when needed; ability to work independently and under direction 	November 25-27, 2022

Our volunteers are expected to carry their own basic gear. This is a tough terrain and weather area. So please be prepared for sun, winds and rain.

Photographers must be willing to bring their own equipment including cameras, lenses, tripods, batteries, memory cards etc. Medical professionals might have to bring the basics like white coats, stethoscopes and we will provide all other medical supplies. If you are bringing any expensive equipment, please contact us to explore the option of insuring this equipment.

Why Volunteer?

Long-distance runners are a breed of their own! Running events, especially Ultras, celebrate human endurance and spirit. On top of that, The Malnad Ultra is organised in the serene and beautiful Malnad region of Karnataka.

Volunteers can view this as a working vacation, a short course in management or a character building experience. No matter how one views it, the event will allow our volunteers to be part of the fun; and observe this special breed of Ultramarathoners.

Finally, you will certainly build everlasting friendships with the team that has been *in the trenches* with our event. This is the one reason why most of us keep coming back to this event.

What We Offer?

We fully appreciate the fact that our volunteers are giving us their precious time and presence. The Malnad Ultra is a not-for-profit exercise organised purely to promote ultra running in India. We cannot afford to pay our volunteers, but we will take care of the following:

- Transport by Train/Road from Bangalore to event, the base-camp for the event and return. Volunteers from other parts of India must fund their travel to Bangalore.

- All boarding and lodging on sharing basis. Expect to share your room with 1-4 other volunteers.

What we are basically asking is for your time! And in return, we will take care of you and your expenses for the duration of the event.

How to Apply?

If you are interested in volunteering with us, please email run@malnadultra.com. Please provide us with a short profile and mention the role or roles that you are interested in. You could also tell us why you want to volunteer at our event. A template is provided for your reference on the next page.

Please provide this information via email to run@malnadultra.com in MS-Word, Text or PDF format

Full Name: _____

Address: _____

City: _____

State: _____

Pincode: _____

Mobile: _____

Email: _____

WhatsApp Yes/No _____

Facebook _____

Twitter _____

Age _____

Gender _____

The roles that you are interested in performing (you can tick more than one)

- Run Manager
- Run Sweeper
- Helpdesk Coordinator
- Baggage Coordinator
- Photographer
- General Physician/Orthopedist
- Physiotherapist
- Nurse
- General Assistance

How did you hear about The Malnad Ultra?

Is somebody from our current team referring you? If so, who?

Why do you want to volunteer?

Have you reviewed information on our Web Site at www.malnadultra.com? Yes/No

If you are a runner yourself, please share your running experience (No. of events, No. of years you have been running, experience with ultra runs etc.)

Any other information that you want to share with us.